

Nationally Recognised Qualification

Our Vision

At PRIMEXL we aim to be the partner of choice in the creation of better organisations and better lives.

Our Values

We value:

- **Meaningful relationships**
- **Premium quality services**
- **Innovation** – we are always looking for ways to add more value to our clients
- **Accountability for our performance**

For more information about our suite of solutions, please contact:

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The importance of Fitness for Work in Industry

Fitness for Work (FFW) refers to a state (physical, mental and emotional) which enables an individual to perform assigned tasks competently and in a manner which does not threaten the health and safety of themselves or others.

An individual's FFW may be affected for a variety of reasons including the adverse effects of medical conditions, fatigue, stress, alcohol, drugs or their emotional state which can detrimentally impact on workplace performance and increase the risk of workplace incidents.

Nationally Recognised Fitness For Work Qualification

With over 20 years experience, PRIMEXL understands the importance of FFW as a major safety consideration for organisations who operate in high "safety risk" associated industries. Our experience in this field has enabled us in partnership with the Betterlink Group (Provider # 51769), a Registered Training Organisation (RTO) to set a new industry standard in FFW.

We have taken a nationally accredited course in Alcohol & Other Drugs in the Workplace and added the vital issues of fatigue and mental health (stress and depression) in order to provide our clients with the most comprehensive FFW training in the market.

In a West Australian first, successful completion of PRIMEXL's FFW course leads to a nationally recognised Statement of Attainment in 30692 QLD Alcohol & Other Drugs in the Workplace. The course is designed to help participants identify and recognise how safety is impacted by drugs, alcohol, fatigue, stress and depression. Participation in the course enables employees to develop strategies to best deal with these issues in accordance with your organisation's policies. A key aspect of our course is that participants are assessed in the workshop with no extra paperwork needed.

What are the business benefits of PRIMEXL's FFW course?

- The assessment records will allow companies to show evidence that their employees have understood the information presented and are aware of the issues raised in the FFW training.
- Employee attendance and successful completion of the FFW training course can assist with your organisation's risk management strategy.
- FFW education promotes a positive safety culture which can assist in preventing costly workplace accidents.

The course is delivered and assessed over a whole day interactive workshop.

Learning Objective

Support and inform employees of your organisation's FFW policy and procedures and equip them with the knowledge, skills and attitude to manage and take responsibility for their own FFW.

The Employee FFW workshop consists of

Module 1: FFW Policy and Procedures – tailored to match your organisation

Module 2: Alcohol & Other Drugs in the workplace

Module 3: Mental Health Issues (stress and depression)

Module 4: Fatigue Management

Learning Outcomes

- Demonstrate an understanding of the company's FFW policy and procedures and the associated responsibilities of employees.
- Recognition of the safety problems that relate to alcohol, other drugs, fatigue, stress and depression in the workplace.
- Recognition of the strategies and techniques to manage FFW issues.

Assessment Requirements

Participants will be required to successfully complete a series of assessment tasks and group activities during the course. Assessment is based on group participation and a short written assessment.