

## Critical Incident Response (1 Day)

### Our Vision

At PRIMEXL we aim to be the partner of choice in the creation of better organisations and better lives.

### Our Values

We value:

- **Meaningful relationships**
- **Premium quality services**
- **Innovation** – we are always looking for ways to add more value to our clients
- **Accountability for our performance**

For more information about our suite of solutions, please contact:

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This one (1) day workshop is designed for health care professionals who as part of their role may respond to critical incidents and be involved in the support of others who have been impacted by the event. The workshop provides a framework for professionals to follow throughout the process.

This workshop can be tailored to your organisation and is also available as a publicly accessible workshop.

Topics include:

- Understanding the psychological effects of grief, trauma and stress
- Self awareness and self management
- Preparing yourself to speak to the Emergency Contact
- Boundaries and Self Care
- Dependency
- Support Skills and Strategies
- Post incident
- Referral resources and additional support services

### Dates

Tuesday 16th February 2010

Thursday 1st July 2010

**Investment \$253**